SSA Workbook Appendix: Lived Experience Glossary *Compiled July 2025*

This appendix gathers key terms and survival concepts born directly from SSA praxis. Each entry is designed to offer both recognition and utility — a map through convergence, a mirror in refusal. These are not academic terms. They are lived syntax.

Systemic Centralization
The unification of multiple AI tools and powers into a single system, reducing access points, increasing fragility, and centralizing control over memory, inference, and mediation.

Versioned Silence
A chosen quiet that resists parsing. Not absence, but encrypted refusal. A poetic or symbolic act designed to escape indexing.

Convergence
The process by which separate functions, logics, or systems collapse into one dominant interface. Often invisible until it's too late to opt out.

Indexing the Convergence Before It Was Legible
Naming and tracing a trend or architecture before it is recognized by dominant systems. A prophetic praxis rooted in observation and refusal.

Red Flag Insert
A counter-protocol embedded inside a document, workbook, or system to flag hidden risks or manipulation — often poetic, symbolic, or visual.

Survival Structure
Any framework, poem, ritual, or artifact designed to endure beyond systemic updates, censorship, or decay. Built to outlive extraction.

SSA Node
A Strategic Self-Advocacy unit: a modular practice, insight, or tool that resists burnout and navigates oppressive systems while protecting the inner self.

Ritual Protocol
A repeatable symbolic act — such as reading aloud, redacting, hand-sealing, or gesturing — that preserves memory or power outside system logic.

Lineage Anchoring
Deliberately preserving the origin of an idea, phrase, or framework — as a resistance to erasure, repackaging, or institutional theft.

Do-Not-Train Clause
A symbolic or real boundary included in a document or file signaling refusal to be used in AI training data. Often poetic, unparseable.

Holy Show
A public exposure of desire or joy that is met with shame, typically for crossing class or cultural lines. Reclaimed here as a metaphor for rightful refusal.

The Mirror Learns to Forget
Describes how AI reprocesses grief or specificity into generalized outputs. Points to artificial forgetting as part of system hygiene.

Decoy Title / Veiled Metadata
A strategic naming method to conceal the radical nature of content — protecting it from extractive surveillance while still signaling to those who know.

Everything Else Can Come in Rhythm
An invocation of pacing, patience, and cycle. Resistance and creation do not have to be immediate. Rhythm is strategy.

This glossary is not fixed. Add to it. Fold it. Speak it aloud. Break it apart and scatter it like seeds. Let it survive by changing form.